



WELCOME

Welcome and thank you for your interest in our program! We are entering our 9th season, and are proud to offer the best recreational competitive cheer experience in the area. The EAC Recreational Program is committed to teach the value of teamwork and dedication. We pride ourselves on inspiring todays youth to be Elite. Your child is not just another number, they are family. We stand apart by being highly successful without sacrificing sportsmanship, character or integrity. EAC will uplift and empower athletes by providing gualified coaches and exceptional role models. Even as we instill these core values in our athletes, we never forget that cheerleading is fun. We live to compete. Our athletes train hard inside and outside of practice. There will be extra options for your child to progress. Additional tumbling, stretch and stunt classes are offered at our gym, by the Elite Athletic Center. For more information go to eliteacnj.com. This packet should help to provide you with all of the information you need to know about our program. If you should have any further questions, please do not hesitate to ask. We look forward to welcoming you into our EAC family!

> Thank you, EAC Board

Stacy Dalton-Director Nicole Dixon-Vice President Steph Urbanski-Treasurer Patti Crispell- Secretary Lauren Six-Fundraising Lauren Finucan - Trustee

Amber Pettit-Head Coach Taylor Martin - Head Coach Layna Wojcik - Head Coach Marissa Willox - Head Coach Linda White- Head Coach



Boss Baby EXPO TEAM (Ages 4 & 5), Toxic Tinys (Ages 6 & 7), Mighty Minis (Ages 8 & 9)

For this age group, we offer a shorter season. Mandatory practices start in September 2022 and runs through March 2023. Athletes will attend 4-6 competitions and 1 National. A majority of competitions are local within 1-2 hour driving distance. The only competition that may require a hotel stay is Nationals.

Full Season Cheer Teams - Ages 10 & up

Full season athletes start with mandatory practices in September 2022 and could run through the beginning of May 2022. If your child's team wins 1st place or a paid bid to a competition/national that is not on the original competition schedule, there may be added dates for that team. EAC loves that we can provide our athletes with these additional opportunities. Teams will attend 10-12 competitions and Nationals. Hotel stays for these competitions are not mandatory and are within driving distance. The only hotel stay that is mandatory is for our National Competitions.



All practices are held at our gym located at 1030 Delsea Drive, Building 5E, Westville, NJ. All teams practice 2 days a week. Additional practices, or make up practices will be added on an as needed basis. Once your athlete is placed on a team, their coach will provide you with a practice schedule via the band app.

All practices are mandatory. Please see the attendance policy.



Important Dates	Dates
Returning Parent Meeting at EAC @6:30pm	5/18
New Parent Meeting at EAC @6:30pm	5/25
Athlete fittings (athletes get sized for practice gear, shoes uniforms, etc)	6/1
Evaluations Ages 8 & Up	6/2-6/4
Athlete Kickoff Party	6/9
Mandatory Stunt Choreography levels 2 & Up	6/10 & or 6/11
Mandatory Practices Start	9/5
Mandatory Choreography for Senior 3 & Senior 4	9/9 & 9/10
Mandatory Choreography for all other full season teams	9/16 & 9/17
OFF Halloween	10/31
OFF Thanksgiving	11/23-11/25
OFF Christmas Eve, Christmas Day and New Years Day	12/25 & 1/1
OFF Easter Break	3/29-3/31



Boss Babies EXPO Team	Price	
Tuition Cost for the Season	\$650	
Payment Options- Pay upfront or monthly		
5 Month Payment Plan of \$130.		
 \$130 due on 6/9/2023 \$130 due on 7/7/2023 \$130 due on 8/11/2023 \$130 due on 9/8/2023 \$130 due on 10/13/2023 		

Toxic Tinys & Mighty Minis	-Half Season Athletes	Price		
Tuition Cost for the Seaso	n	\$850		
Payment Options- Pay upfront or monthly				
5 Month Payment Plan of \$170.				
 \$170 due on 6/9/2023 \$170 due on 7/7/2023 \$170 due on 8/11/2023 \$170 due on 9/8/2023 \$170 due on 10/13/2023 	*If you are returning athlete that h all quitters fees must be paid fron able to return to EAC.			

Full Season Athletes (A	Il teams except Boss Babies & Toxic Tinys)	Price		
Tuition Cost for the Season		\$1400		
Payment Options- Pay upfront or monthly				
7 Month Payment Plan of \$200 • \$200 due on 6/9/2023 • \$200 due on 7/7/2023 • \$200 due on 8/11/2023 • \$200 due on 9/8/2023 • \$200 due on 10/13/2023 • \$200 due on 11/10/2023 • \$200 due on 12/8/2023	*Sibling Discount- \$100 Each additional Athlete. *If you are returning athlete that has previously quit, all quitters fees must be paid from past season in able to return to EAC.			

FINANCIAL POLICIES

- ★ All monthly tuition payments will be automatically with drawled on the dates listed above with an online transaction fee.
- ★ If your card declines, your athlete will not be able to attend practice, choreography or compete until payment is made. There will be a \$35 late fee added onto your monthly payment.
- ★ If you need to change your online credit card information please email the board at eacrec@yahoo.com.
- ★ All tuition payments must be made by 10/13 for half Season athletes and or 12/8 for Full Season Athletes. If total tuition payment is not received by those dates, your athlete cannot practice or compete until all payments are made.
- ★ There will be <u>NO REFUNDS</u> to anyone who quits/leaves a team or is asked to leave the program. ALL fees and money paid will be forfeited.

★QUITTERS FEE

If an athlete quits or leaves a team, there will be a \$350 charge on your online account per athlete per team. This fee covers the cost to fix choreography and to cover any competition fees lost.

WHAT DOES MY TUITION COVER?

- Choreography
- Routine Music
- Mat Time/Gym Fees
- Comp Fees
- Athlete Insurance
- Miscellaneous-operating costs
- 1 Practice wear set per athlete
- Competition Bow
- 1 Season 9 T-shirt per athlete

WHAT IS NOT COVERED IN MY TUITION?

- Uniform
- Cheer Shoes
- Hair/Makeup Supplies
- Added Competition fees (if any)
- National Fees
- · Possible choreography upgrades or team clinics
- Tumble Classes
- Nationals t-shirts & practice Gear (optional)

FUNDRAISING/COMMUNITY EVENTS

EAC offers many fundraising opportunities throughout the season. This year, all families have a mandatory fundraising fee of \$300. We have this fee to help keep tuition costs down. Fundraising will be very easy to do with our Summer Raffle Ticket Sale. Anything over the \$300 fundraised, will go back to the families account to put towards tuition and other fees. Any money left over at the end of the season can be carried over for registration and tuition for the following season. If you leave EAC, the money left in your account at the end of the season, will be forfeited to the organization. Funds may not be transferred to other families accounts. If you take advantage of our fundraisers, you could fundraise your total tuition cost!

This Season, we are requiring all athletes to participate in 2 community events that EAC participates in. For example, Halloween Parade, Christmas Parade, Fun Day, Fall Festivals, Road Clean ups etc. If your athlete does not participate in at least 2 events, you will be charged \$100 Fee at the end of the season. All athletes are welcome to participate in as many events as they would like, however each athlete must participate in at least 2.

* A full calendar of fundraising and community events will be distributed at the beginning of the season. We are excited to offer these great opportunities to our athletes and families this season.

EVALUATIONS

Cheer evaluations for are for ages 8 & up. In order for your athlete to participate in evaluations, the registration fee must be paid & a credit card must be on file. If your athlete is new to EAC, we will need a copy of their birth certificate at or before evaluations. This Year, evaluations will happen over 3 days. Your athlete must be present all 3 days to get their pre team placement. If you cannot make evaluations, a private evaluation time must be set up by emailing eacrec@yahoo.com. Your athlete will be evaluated on stunting, jumping, tumbling, flexibility, stamina, motions and more over the 3 days. Once evaluations have been completed, your athlete will receive a pre team placement email. If your athlete works hard all Summer they could potentially get placed on a higher level team. If an athlete loses skills over the Summer, or does not put in the work, they risk being moved to a lower level team. We want to make sure that athletes are placed on proper teams for the success and safety of the athlete and organization.

TEAM PLACEMENTS

Your athletes pre team placement is based off of many things. Here at EAC we look at the athlete as a whole and not just based on Tumbling. Coaches will look at Jumps, Stunts, Strength, Stamina, Tumbling, Flexibility, Attitude, Motions and more. For returning athletes many other factors weigh in on team placements such as athletes behavior at practices, were they on time for practice and competitions, was the athlete always in appropriate practice wear, did the athlete come ready with hair up and correct shoes on, did the athlete take tumble/stretch/intensives throughout the season to get better, etc. If your child is only willing to fly, and a team does not need a flyer, they may make a lower level team. Having well rounded athletes that are able and willing to do all positions have a greater chance of making desired team. If an athlete does not keep up with their skills, there is no guarantee they will make the same level team as previous years. Coaches have the right at any time during the season to move an athlete up or down a level for the benefit of the team. We ask parents to be supportive of your athlete regardless of what level team they are on. Here at EAC, all of our teams are elite! You will never make a team here that is less cared about, attended too, worked with, or loved than another. From Boss Babies to level 4 you get the same level of coaching/training that sets you up for success.

EAC KICKOFF PARTY

Athletes from all teams will come together for a night of fun to kick start the season!

ATTENDANCE AND TEAM COMMITMENT POLICY

Competitive Cheerleading is a team sport that requires 100% commitment. Each athlete's safety is dependent upon teamwork, trust and responsibility. We expect for each athlete to dedicate 100% to their team. This means **ATTENDANCE IS MANDATORY.** When a team mate is missing, the whole team suffers. Attendance effects your teams placement at competitions! A practice missed by one athlete has a significant impact on the entire team. The only practices that are excused are listed below.

Excused absences include...

- A death in the family
- Religious obligations
- Mandatory school functions
- Contagious sickness with doctors note

Examples of UN excused absences include...

- Vacations scheduled during practice or competitions
- School Dances
- Birthday Parties
- Trunk or Treats
- Sports tryouts
- Sport games
- Sport practices
- Cramps
- Getting a shot

★If an athlete has an injury, they need a doctors note to sit out of practice. Athletes with an injury must still come to practice to condition, stretch and watch.

★If you are sick and <u>non-contagious</u>, the athlete must attend practice. Lightly participating and / or watching practice will help you and your team.

★Attendance is so critical to the safety of the team, unexcused absences from practice or competitions may result in dismissal from the team.

 \bigstar All absences are considered unexcused unless cleared with the Coach.

★Arriving more than 20 min late to practice or departing 20 min early from practice is considered an absence.

★Late arrivals / early departures will be documented by the coach. If a cheerleader is late or departs early 3 times, it will count as 1 unexcused absence.

★If a cheerleader has 3 unexcused absences, the board has the right to dismiss the athlete from the team.

 \bigstar If an athlete misses the teams last practice before a competition, they cannot compete.

RULES & REGULATIONS

PLEASE READ WITH ATHLETE

★Practice wear will be given to all EAC athletes. This is MANDATORY and must be worn at all practices with cheer shoes.

- \star No boots or street shoes will be permitted on practice mats as it is a liability.
- \bigstar No jewelry is to be worn at practice or competitions.
- \star Hair must be up and out of face for all practices.
- \star Gum chewing is not allowed for the safety of the athlete.
- \star Nails need to be kept at no longer than fingertip length for the safety of all.
- \star For Competitions, athletes must take off nail polish or have a neutral color.
- ★When in uniform at competition, cheerleaders are representing our organization. As such, we ask that they maintain a well-groomed, respectable appearance (before, during and after their performance).
- ★During awards ceremonies, all EAC cheerleaders should be in full uniform with no jackets, boots, t-shirts or jerseys.
- ★No toys, bags, jackets, drink, food, candy, earbuds, ipod/iPads are allowed on the practice or competition areas.
- ★Neither EAC or coaches are to be held responsible for personal items brought to practice that are left behind, stolen or damaged.
- ★Disruptive and/or disrespectful behavior to a Coach or teammate, including any type of bullying, will not be tolerated. Athletes may be asked to sit out of practice or leave the building if this behavior is displayed.
- ★If your child is having an issue with another cheerleader, please discuss with the coach.
- ★Parents/guardians are not permitted to attend or interfere with any practice or performance at any time.
- ★No Parent/guardian is permitted on the practice/competition mat at anytime unless asked by a coach or board member.
- ★Coaches have the right to dismiss any athlete from practice that cannot follow the rules or listen.
- ★ Please remember that this is a team sport and there are no assigned or promised "spots". The routine, stunts, positions, teams etc., are subject to change at any time.
- ★No member of the EAC Organization is permitted to participate on any other competitive rec, or all star cheer team.
 ★EAC athletes may participate on their High School cheer team, as long as no EAC practices, competitions and or choreography will be missed.
- ★Athletes may participate on their High School competition team during the fall season September-December 1st. Competing with a High School team will not be permitted anytime after December 1st.
- ★ Any negative discussion about other teams within the organization will not be tolerated. Everyone here is family and should lift each other up.
- ★ Sportsmanship is expected of every cheerleader and parent at all times especially while we are at the gym or competitions.
- ★Athletes/Parents should be a role model of good sportsmanship showing respect for all Coaches, Volunteers, Officials, Players, Parents/Guardians, Opponents, EAC Board Members.
- ★Please remember that all EAC Coaches are Volunteers and do not get paid to coach your athletes.
- ★ Athletes/Parents will respect all Coaches decisions with regard to any and all team issues. Any disagreement with a coach should be emailed to the board.
- ★ Under NO circumstances is a Coach to be approached before, during or after practice or in front of any other Parent/ Athlete with regard to a conflict or issue.
- ★ Athletes/Parents will not engage in unacceptable behavior toward or involving other Coaches, Volunteers, Officials, Players, Parents/Guardians, or EAC Board Members while at any EAC related sporting event, practice or meeting.
- ★Unacceptable behavior includes, but is not limited to the following: using foul or abusive language or gestures, social media slander/ confrontations with other teams, physical or verbal confrontations or fights, slanderous or libelous remarks or statements, threats, intimidation, or crimes punishable by Civil or Criminal Laws.
- ★ Any infraction of this Code of Conduct may result in Disciplinary Action by the Elite Athletic Cheer Board and including immediate expulsion from the Elite Athletic Cheerleading program.
- ★No videos of practice, competitions or routines should be posted anywhere at anytime.
- ★No private social media accounts (facebook, instagram, twitter, snapchat, musically, tic tok) with the EAC name or team names are permitted to be used or created by any member other than EAC BOARD and Coaches.
- ★Negative posts about EAC, another program, or another child in our program will not be tolerated.
- ★ The Elite Athletic Cheer logo is NOT to be duplicated or used for your own apparel use. Anyone who attempts to sell, make, or use our gym logo, will be in violation of our policy.
- \star Fan gear will be offered throughout the season for purchase.